



Driffield Hockey Club Guide

What can I expect from the club?

The club will have:

- **A chance for you to become a member**
This will be explained to you when you arrive at the club.
You will receive information on how much this will cost, kit you will require, rules of the club, when training sessions are and match information
- **Qualified coaches**
The coaches understand and know how to help you play the best hockey you can
- **Volunteers**
Any adult working within the club will have been on training to ensure they know how to support and look after you
The club will have a First Aider, Team Managers and a Welfare Officer. Make sure you know who these people are and introduce yourself to them
- **Rules**
There are rules of the game of hockey which you will learn as you play
There will be rules of the club which you will also learn along the way.
These are there for your safety and are not to be broken
- **Opportunities for you to play**
There will be teams and squads of mens, ladies, boys and girls (in relevant age groups) that you will get to know and learn how to play hockey with
- **Matches and competitions**
There will be a chance for you to train and play in your club team against other clubs
- **Anti bullying policy**
This clearly states how the club will deal with any situations of bullying, either adult to young person or young person to young person
- **Safeguarding / Child Protection Policies and Procedures**
This provides the club with ways of ensuring you are safe and enjoy your hockey
- **Codes of Conduct**
These clearly state how club members must act towards you and support you. This includes coaches, volunteers, club officials and parents



What do the club expect from me?

- **Code of Conduct**

The club will have clear messages of how they expect you to behave.

This may be in the form of a Code of Conduct (see below)

The Code of Conduct will clearly state what is okay and what is not okay.

You have the right to:

- Have fun when playing hockey
- Be safe when playing hockey
- Enjoy your hockey
- Make friends through hockey
- Be treated with respect by all involved in hockey

Are you worried?

- My coach is bullying me
- Another adult at hockey is bullying me
- Another member of my team is bullying me
- One of the coaches or volunteers is threatening me
- An adult is making me do things which I know are wrong
- Someone is touching me and making me feel uncomfortable
- Someone is constantly teasing me, shouting at me or kicking and punching me
- Someone is making suggestive remarks or asking me to do things of a sexual nature
- Someone is acting in a way which makes me feel lonely, upset, unsafe or embarrassed

If the answer is **YES** - **Don't keep it to yourself** - **Ask for help**

Who can I talk to?

Talk to your **Club Welfare Officer**

It can sometimes be difficult to speak to someone about how you are feeling.

- **You might think that they will not understand**
THEY WILL LISTEN
- **You may think that they will not believe you**
THEY WILL BELIEVE YOU
- **You may be scared that they will tell other people that you do not want to know**
THEY WILL ONLY TELL SOMEONE WHO CAN HELP
- **You might think they have not got time to talk to you**
THEY WILL ALWAYS MAKE TIME TO TALK



It's better to talk to someone:

- Ignoring your worries or concerns could make them worse
- Talking to someone will begin to tackle your worries and concerns
- You only have to share information that you want to share
- Telling someone will begin to help you

What will happen if I talk to someone?

Your Club Welfare Officer will know what to do and how to help. They will be able to ensure that you are safe and they will believe you.

There are policies and procedures which they will use. These will provide information of who to contact, how to contact them and what they can do to help.

Confidentiality

The Club Welfare Officer cannot promise to keep the information you share a secret. However they do have to keep it **CONFIDENTIAL**. This means that they will have to tell only the person/people who can help.

When you are talking to the Club Welfare Officer ask them to explain who they need to speak to and why. They may say one of the following:

- **England Hockey Lead Child Welfare Officer**
They will know what to do if the behaviour of someone towards you is upsetting you
Talking to this person will begin to help the situation and ensure you can play hockey in a happy and safe environment
- **Social Services or the Police in an emergency**
Social Services or the police will be called if the Club Welfare Officer thinks you may come to more harm or are in danger. This is to help you and ensure you are safe.



Who is my Club Welfare Officer?

FIONA TUPLIN

3, The Chase

Driffield

YO25 5FJ

01377 252926

07722 828243

tonkertuplin@yahoo.co.uk

STEVE GATE

1, Bethel Walk

Driffield

YO25 5PD

01377 200777

07702 078716

swjgate@sky.com

Alternative sources of help, advice and support:

| | | | |
|------------------|--------------------------|---|---|
| NSPCC | 0808 800 5000 | www.thereforeme.com | Support and advice for 12-16 yr olds via the website |
| Childline | 0800 1111 | www.childline.org.uk | Free helpline for children and young people |
| Kidscape | 0207 730 3300 | www.kidscape.org.uk | Support on bullying |



Club Rules

Driffield Hockey Club is fully committed to safeguarding and promoting the well being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect, be open and share any concerns or complaints that they may have about any aspect of the club any member of the current committee.

As a member of Driffield Hockey Club you are expected to abide by the following Junior Club rules:

- All members must play within the rules and respect officials and their decisions. If you feel the official has made an error let your coach or captain ask any questions
- Be a good sport; remember it is not all about winning and losing! The aim of hockey is to enjoy it, feel good and improve your skills. Hockey is a team game so remember to pass the ball to other members of your team - try not to 'hog' the play or show off at the expense of your fellow team mates. Have respect for other members of your team, don't bully or take advantage - without them you do not have a game!
- All members must respect opponents
- Always control your temper and aggression
- Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late
- Members must wear the following compulsory items: **gum shield, shin pads, suitable footwear and in the case of goalies full protective goal keeping kit** for training and match / sessions. If you fail to bring such items you will not be allowed to take part in the session / match
- Members must pay any fees for training or events promptly
- Remember Driffield Hockey Club is there for your enjoyment; take part for yourself and not to please your coach or parents



PARENTS SECTION

Most parents want their children to enjoy the sports of their choice. These guidelines provide you with key information when selecting a club /playing opportunity for your child. It provides you with ideas of questions to ask, and ensure that both you and your child understand the way the club works, and your roles and responsibilities.

What can we expect from the club?

- A friendly welcome, an opportunity to meet new friends play and watch hockey
- Opportunities for your child to have fun and develop their game as much as they want to
- A safe environment
- Qualified coaches and responsible volunteers
- Relationships based on trust, honesty and respect where your child is valued and listened to
- Your child's welfare and safety is paramount
- Club members will recognise your child's rights, whatever your age, gender, culture, ability, language, religious belief, racial origin, and/or sexual identity
- Opportunities for you to get involved in the club
- Safeguarding and Protecting Young People / Child Protection Policy and Complaints Policy are available for you on request
- Clear lines of communication with you about your child, fixtures, training and events

What do the club expect from my child?

There is a guide for young people which details the club's expectations which include:

- fair play
- listening to the coaches
- adhere to the young people's code of conduct
- adhere to the rules of the game and rules of the club

What do the club expect from me?

The club may expect you to...

- stay with your son/daughter when they are at the club
- ensure that your son/daughter is dropped off and picked up promptly from the club and matches
- contact the club if you are running late to collect your child
- adhere to the rules of the club

- adhere to the codes of conduct within the club, in particular the Parents Code of Conduct
- accept the guidance that coaches provide and umpire's decisions within matches
- use correct language at all times
- stay off the pitch during training and matches
- never force your child to participate
- provide emergency contact details and any relevant information about your child including medical history..



The Club would like you to...

- become involved in the club as much as possible. This provides your child with the support to enjoy their hockey
- support the coaches by ensuring your child enjoys their hockey and plays within the rules of the game
- encourage fair play
- encourage your child to recognise good performance, not just results

Always Check

- The qualifications and experience of the coaches
- The ratio of adults to young people complies with EH guidance
- How young people are looked after if they are not playing
- The club has clear codes of conduct stating expected behaviour of members, players and coaches
- What happens if there is an accident?
- Does the club have a child protection policy?
- How does the club manage any issues, which may arise i.e. bullying?
- The club's policy on screening and CRB checking adults working with young people

Questions to seek clarification

- My child has never played hockey before; can they come along and try out a couple of sessions?
- When is training?
- When are the matches?
- What kit do we need to buy?
- Are the coaches qualified?
- Are the adults helping with the teams checked and trained?
- Does my child have to share changing facilities with adult players?
- Do the club have social events?
- How much does it cost to be a member of the club?
- How are away matches organised?
- Is there a first aider on site?
- Is the club affiliated to England Hockey?
- Who should my child or I speak to if we have a concern?

Communication

The club will need to ensure they can contact if required, so they should ask you for your contact details.

It is part of the hockey philosophy that you are involved in your child's interest. Please ensure that you build a relationship with the coach and support the club by completing all paperwork required.

Communication is two way and if you have any questions or concerns about your child's participation in hockey please talk to his/her coach.

What do I do if I am concerned about my child's safety, well being or behaviour?

- Each Club has a Welfare Officer
- Please ask to speak with them and explain your concerns
- All concerns will be taken seriously and investigated
- All concerns will be treated in the strictest confidence, with only the people who can help the situation becoming involved if required



Code of Conduct for Parents / Carers

There are many ways in which you can become involved in your child's sport, but you may find yourself trying to juggle commitments to make time for your child's sport - be realistic about the input you are able to make!

- Supply and organise transport to and from training sessions and matches. Under 10's must either travel to matches with parents or an adult known to the child that is willing to take responsibility for that child
- Make sure your child has appropriate clothing - gum shield and shin pads to be worn at all training sessions and matches. Goalies to wear the correct protective clothing (provided by the club) at all sessions and matches. Please note a stick should come up to your child's hip
- Encourage your child to learn the rules and play within themselves
- Discourage unfair play and arguing with officials
- Help your child to recognise good performance, not just results I.e. Keep winning and losing in perspective
- Never force your child to take part in sport
- Set a good example by recognising fair play and applauding the good performances of all. Give the coach help when asked and show appreciation for a job well done
- Never punish or belittle a child for losing or making mistakes
- Publicly accept officials' judgements
- Support your child's involvement and help them to enjoy their sport. Make an effort to watch games/training sessions
- Use correct and proper language at all times

It takes a lot of commitment and determination to run a club the size of Driffield Hockey Club, please help whenever possible by taking turns to wash and iron the kits, assisting with administration and paying feed on time in the correct manner



Code of Conduct for Coaches

As a coach of you are central to their sporting dreams and aspirations. The role you take and how you interact with those you coach can be crucial to ensuring that they have a quality experience, filled with fun and enjoyment and one which sets them up in sport for life.

Coaches of young people should:

- know the sport and enjoy the challenge of working with young children
- appreciate individuality and put the needs of the child before the needs of the sport
- keep winning and losing in perspective
- be a positive role model
- be sensitive to disabilities and backgrounds
- help children set realistic targets for themselves
- use positive comments, gestures and rewards to acknowledge effort and endeavour
- create a safe and enjoyable playing environment

Coaches involved with young people should:

- have the relevant coaching qualifications
- be committed to maintaining up-to-date knowledge
- provide experiences which are matched to the children's age, ability and physical and mental development
- have relevant insurance (through the club)
- be fully aware of and abide by equity and child protection policies and procedures in your sport

The relationship between coach and parent is crucial to ensure that young people experiences of sport is optimised:

- tell parents in advance about your plans for the season, including the dates of major competitions as well as any financial issues that can be anticipated etc
- find out what other sporting activity commitments your performers have, and are they available to play on the particular hockey dates
- let parents know what specialist clothing and equipment is required and where it can be purchased from Fiona or Henri, except professionally fitted mouth guards (which are recommended from your dentist)

ANY PROBLEMS ABOUT ANYTHING, GIVE ME A RING, FIONA 01377 252926



Code of Conduct for Club Officials and Volunteers

The role you take and how you interact with those around you can be crucial to ensuring that they have a quality experience, filled with fun and enjoyment and one which sets them up in sport for life.

All volunteers must:

- Be a positive role model for all participants, taking into consideration their well-being and safety before the development of the performance
- Develop an appropriate working relationships with participants, based on mutual trust and respect
- Know the sport and enjoy the challenge of working with young children
- Make sure all activities are appropriate to the age, ability and experience of those taking part. Appreciate individuality and put the child before the needs of the sport
- Remember to be sensitive to participants disabilities and backgrounds
- Promote the positive aspects of the sport (e.g. Fair play) - keep winning and losing in perspective
- use positive comments, gestures and rewards to acknowledge effort and endeavour (do not belittle or demean a participant)
- create a safe and enjoyable playing environment
- Display consistently high standards of behaviour and appearance
- Follow all guidelines laid down by the National governing body and the club
- Hold the appropriate, valid coaching qualifications and insurance cover (through the club). Make every effort to keep up-to-date with any rule/coaching regulation changes.
- Be fully aware of and abide by equity and child protection policies of the sport and club
- Never exert undue influence over performers to obtain personal benefit or reward
- Never condone rule violations, rough play or the use of prohibitive substances